



DURING THIS TIME OF CRISIS  
JOIN THE GREATER NORTH BAY HINDU COMMUNITY  
FOR A BHAJAN AND PUJA IN HONOR OF  
**THE BIRTH OF LORD RAMA AND HINDU NEW YEAR**

**Saturday, April 4, 2020 @ 10–11 AM**

Join via Zoom:

<https://us04web.zoom.us/j/3278618211?pwd=cmRnTEw4L2U4bW54ZU0vN1Nhbjd0Zz09>

Meeting ID = 327 861 8211

Password = NBHC

### **PROGRAM DETAILS**

(Program will start at 10 AM sharp)

+Introduction & Invocation

+Bhajan (led by our community members)

+Rama Navami Puja (facilitated by Pujari Yogesh Ji)

+Aarti

*Please join at 9:50 AM to ensure that your Zoom app is functioning properly.  
**Turn the page for:** zoom instructions, puja materials, and shloka and bhajan lyrics.*

Questions? Email [contactus@northbaytemple.com](mailto:contactus@northbaytemple.com)

[www.northbaytemple.org](http://www.northbaytemple.org)

# ZOOM INSTRUCTIONS

**Please note that this Virtual Bhajan and Puja will be done via Zoom Conference Call.**

**Please click on the following zoom link to join:**

<https://us04web.zoom.us/j/3278618211?pwd=cmRnTEw4L2U4bW54ZU0vN1Nhbjd0Zz09>

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**If prompted for a password:** NBHC

# PUJA MATERIALS

**Please note that Pujari Yogeshji will be performing the puja from the home of one of our community members. It is recommended that you gather the following materials in advance so that you can perform your own puja remotely while following along on the Zoom conference.**

Materials:

1. Murti or Pictures of Shri Ram, Ganesh and Hanumanji
2. Kumkum and sandal wood powder (fragment powder - optional)
3. Rice
4. Flowers
5. Prasad (dry fruit, regular fruit, or sweets)
6. Aarti and match box
7. Diya ( lamp)
8. One bowl with water and one empty
9. Spoon

# INVOCATION SHLOKAS

OM

**vakra-tunda maha-kāya sūrya-kotti samaprabha |  
mirvighnam kuru me deva sarva-kāryeshu sarvadā ||**

(Salutations to Sri Ganesha) Who has a Curved Trunk, Who has a Large Body  
and Whose Splendour is similar to Million Suns  
O Deva, Please Make my Undertakings Free of Obstacles, By extending Your  
Blessings in All my Works, Always.

**āpadāmapahartāraṃ dātāraṃ sarvasampadāṃ |  
lokābhirāmaṃ śrīrāmaṃ bhūyobhūyo namāmyahaṃ ||**

I bow again and again to Ram who removes all obstacles and  
grants all wealth and pleases all.

**rāmāya rāmabhadrāya rāmachandrāya vedhase |  
raghunāthāya nāthāya sītāyāḥ pataye namaḥ ||**

I salute that Rama who is benevolent and cool as moon, and who is the lord  
of Sita and the master guardian of all.

# **BHAJAN LYRICS**

## **Ragupathey Raghava Raja Rama (solo)**

### **Ragupathey Raghava Raja Rama**

O Raja Rama Oh ... Sita Rama

### **Ragupathey Raghava Raja Rama**

Dasharatha Nandana Raja Rama Kausalyatmaja Sundara Rama  
Rama Rama Jaya Raja Rama Raghava Mohana Megha Shyama  
Patitha Pavana Seetha Pathe Rama

### **Ragupathey Raghava Raja Rama**

Rajeeva Lochana Raja Rama Janaki Jeevana Sundara Rama  
Rama Rama Jaya Raja Rama Raghukula Nandana Megha Shyama  
Patitha Pavana Seetha Pathe Rama

### **Ragupathey Raghava Raja Rama**

Ayodhya Vasi Raja Rama Dasamukha Mardhana Sundara Rama  
Rama Rama Jaya Raja Rama Raghava Mohana Megha Shyama  
Jai Jai Ram Jai Jai Ram  
Jai Jai Ram Jai Jai Ram Jai Jai Rama Rama Raja Ram  
Patitha Pavana Seetha Pathe Rama

### **Ragupathey Raghava Raja Rama**

O Raja Rama Oh ... Sita Rama

## Achutam Keshavam

Achyutam Keshavam Krishna Damodaram  
Rama Naraynam Janaki Vallabham  
Kaun Kehta Hai Bhagvan Aate Nahi  
Tum Meera Ke Jaise Bulate Nahi

Achyutam Keshavam Krishna Damodaram  
Rama Naraynam Janakivallabham  
Kaun Kehta Hai Bhagvan Khaate Nahi  
Ber Shabri Ke Jaise Khilate Nahi

Achyutam Keshavam Krishna Damodaram  
Rama Naraynam Janaki Vallabham  
Kaun Kehta Hai Bhagvan Sote Nahi  
Maa Yashoda Ke Jaise Sulate Nahin

Achyutam Keshavam Krishna Damodaram  
Rama Naraynam Janaki Vallabham  
Kaun Kehta Hai Bhagvan Nachthe Nahi  
Gopiyo Ki Tarah Tum Nachathae Nahi

Achyutam Keshavam Krishna Damodaram,  
Rama Naraynam Janaki Vallabham

## Shriramachandra Kripalu Bhajmana

Śrīrāmacandra kṛpālu bhajamana haraṇabhavabhayadāruṇam  
Navakañjalocana kañjamukha karakañja padakañjāruṇam ||1||

Kandarpa agaṇita amita chavi navanīlanīradasundaram  
Paṭapītamānahu taḍita rucīsuci naumijanakasutāvaram ||2||

Bhjadīnabandhu dinēśa dānavadaityavaṃśanikandanam  
Raghunanda ānandakanda kośalachandra daśarathanandanam ||3||

Śiramukuṭakuṇḍala tilakacāru udāru'aṅgavibhūṣaṇam  
Ājānubhuja śaracāpadhara saṅgrāmajitakharadūṣaṇam ||4||

Iti vadati tulasīdāsa śaṅkaraśeṣamunimanarañjanam  
Mamahṛdayakañjanivāsakuru kāmādikhaladalagañjanam ||5||

## Ramayan Chaupia

(select verses from Ramcharitmanas by Goswami Tulsidas)

ॐ

श्री हनुमान चालीसा  
śrī hanumāna cālīsā

दोहा  
dohā

श्रीगुरु चरन सरोज रज निज मनु मुकुरु सुधारि ।

śrīguru carana saroja raja nija manu  
mukuru sudhāri ।

बरनऊँ रघुवर विमल जसु जो दायकु फल चारि ॥

baranaūñ rāghubara bimala jasū jo dāyaku  
phala cāri ॥

After purifying the mirror of my mind with the dust from the lotus feet of my *guru*, let me describe the shining, untainted glory of Lord Hanuman, a member of the Raghū dynasty, one who is capable of bestowing the four *purushārthas*<sup>1</sup> on his devotees.

बुद्धिहीन तनु जानिके सुमिरौँ पवनकुमार ।

buddhihīna tanu jānīke sumirauñ  
pavanakumāra ।

बल बुद्धि विद्या देहु मोहिँ हरहु कलेस विकार ॥

bala buddhi bidyā dehu mohiñ harahu  
kalesa bikāra ॥

Knowing myself to be ignorant, lacking in intelligence and wisdom, I remember Hanumanji, the son of *Pavana* (the wind god) and invoke His grace to forcibly remove all the afflictions of my body and impurities of my mind and bless me with strength, wisdom, and discriminative knowledge.

जय हनुमान ज्ञान गुन सागर ।

jaya hanumāna jñāna guṇa sāgara ।

जय कपीस तिहुँ लोक उजागर ॥

jaya kapīsa tihūñ loka ujāgara ॥

Glory to Lord Hanuman who is the boundless ocean of knowledge and virtues. Glory to Lord Hanuman who is the king of the monkeys and the light of whose fame illumines the three worlds.

राम दूत अतुलित बल धामा ।

rāma dūta atulita bala dhāmā ।

अंजनिपुत्र पवनसुत नामा ॥

añjaniputra pavanāsuta nāmā ॥

O Lord Hanuman! You are the messenger of Lord Rama, the abode of incomparable strength, the son of Anjani, and known also by the name Pavanāsuta (son of wind god).

महावीर विक्रम वजरंगी ।

mahāvīra bikrama bajaranḡī ।

कुमति निवार सुमति के संगी ॥

kumati nivāra sumati ke saḡī ॥

You are the greatest warrior, possessed of valor with a body that is as strong as steel. You have the power to destroy all the negative tendencies of the mind and You are the constant companion of those who are discriminating and wise.

कंचन वरन विराज सुबेसा ।

kañcana barana birāja subesā ।

कानन कुंडल कुंचित केसा ॥

kānana kuṇḍala kuñcita kesā ॥

Your complexion has a golden glow and your appearance is enhanced by your beautiful clothes, earrings and curly hair.

<sup>1</sup> Four-fold fruits of life - *dharma, artha, kāma, moksha*

हाथ बज्र औ ध्वजा विराजै ।

*hātha bajra au dhvajā birājai ।*

काँधे मूँज जनेऊ साजै ॥

*kāṁdhe mūñja janeū sājai ॥*

You have a thunderbolt in one hand and the flag of Lord Rama in the other. The sacred thread made of *munja* grass on your shoulder adorns you.

संकर सुवन केसरीनंदन ।

*saṅkara suvana kesarīnandana ।*

तेज प्रताप महा जग बंदन ॥

*teja pratāpa mahā jaga bandana ॥*

You are the incarnation of Lord Siva and the son of Kesari. The whole world sings the glories of your shining prowess and valor.

विद्यावान गुनी अति चातुर ।

*vidyāvāna gunī ati cātura ।*

राम काज करिबे को आतुर ॥

*rāma kāja karibe ko ātura ॥*

You are possessed of knowledge, great virtues, a sharp intellect, and are ever eager to serve the lord of your heart, Rama.

प्रभु चरित्र सुनिबे को रसिया ।

*prabhu caritra sunibe ko rasiyā ।*

राम लखन सीता मन बसिया ॥

*rāma lakhana sītā mana basiyā ॥*

You take great delight in listening to the glories of Lord Rama, who along with Mother Sita and Lakshmana have take up permanent residence in Your heart.

सूक्ष्म रूप धरि सियहिं दिखावा ।

*sūkṣma rūpa dhari siyahin dikhāvā ।*

बिकट रूप धरि लंक जरावा ॥

*bikaṭa rūpa dhari laṅka jarāvā ॥*

Having reached Lanka, You assumed the most minute form and appeared before Mother Sita. With her permission, You then assumed a huge, fierce form and burnt the city of Lanka.

भीम रूप धरि असुर सँहारे ।

*bhīma rūpa dhari asura sañhāre ।*

रामचंद्र के काज सँवारे ॥

*rāmacandra ke kāja sañvāre ॥*

In order to accomplish the mission of Lord Rama, You took a gigantic form and slew many demons in Lanka.

लाय सजीवन लखन जियाये ।

*lāya sajivana lakhana jiyāye ।*

श्रीरघुवीर हरषि उर लाये ॥

*śrīraghubīra haraṣi ura lāye ॥*

You brought the *sanjivani* plant from the Himalayas, which revived Lakshman thereby bringing great joy to Lord Rama's heart.

रघुपति कीन्ही बहुत बड़ाई ।

*raghupati kīnhī bahuta baṛāī ।*

तुम मम प्रिय भरतहि सम भाई ॥

*tuma mama priya bharatahi sama bhāī ॥*

Lord Rama praised You profusely and said that You are as dear to Him as Bharat.

सहस बदन तुम्हरो जस गावै ।

*sahasa badana tumharo jasa gāvaiṁ ।*

अस कहि श्रीपति कंठ लगावै ॥

*asa kahi śrīpati kaṅṭha lagāvaiṁ ॥*

"The thousand-headed snake (*sheshanaga*) sings Your glories", thus saying Lord Rama, the divine consort of Mother Sita, embraced Hanuman. This also refers to Lakshmana who is considered an incarnation of *shesha*.



सनकादिक ब्रह्मादि मुनीसा ।  
sanakādika brahmādi munīsā ।  
नारद सारद सहित अहीसा ॥  
nārada sārada sahita ahīsā ॥

Your glories are also sung by great sages like Sanaka and Nārada, gods and goddesses like Brahmā and Sarasvati.

जम कुबेर दिगपाल जहाँ ते ।  
jama kubera digapāla jahāñ te ।  
कवि कोविद कहि सके कहाँ ते ॥  
kabi kobida kahi sake kahāñ te ॥

Yama, the Lord of Death, Kubera, the god of wealth, the guardians of the directions, great poets and scholars have all tried to sing Your glories, but they have not been able to do justice.

तुम उपकार सुग्रीवहिं कीन्हा ।  
tuma upakāra sugrīvahiñ kīñhā ।  
राम मिलाय राज पद दीन्हा ॥  
rāma milāya rāja pada dīñhā ॥

You obliged Sugrīva by introducing him to Lord Rama who helped him to regain his kingdom.

तुम्हरो मंत्र विभीषन माना ।  
tumharo mantra bibhīṣana mānā ।  
लंकेस्वर भए सब जग जाना ॥  
lañkesvara bhae saba jaga jānā ॥

Vibhīshana became renowned all over the world as the king of Lanka by heeding your advice to surrender to Lord Rama.

जुग सहस्र जोजन पर भानू ।  
juga sahastra jojana para bhānū ।  
लील्यो ताहि मधुर फल जानू ॥  
līlyo tāhi madhura phala jānū ॥

As a child You leaped up thousands of miles with ease and swallowed the Sun thinking him to be a sweet fruit.

प्रभु मुद्रिका मेलि मुख माहीं ।  
prabhu mudrikā meli mukha māhīñ ।  
जलधि लाँघि गये अचरज नाहीं ॥  
jaladhi lāñghi gaye acaraja nāhīñ ॥

Therefore it is not a subject of wonderment that You flew over and crossed the ocean with Lord Rama's ring in Your mouth.

दुर्गम काज जगत के जेते ।  
durgama kāja jagata ke jete ।  
सुगम अनुग्रह तुम्हरे तेते ॥  
sugama anugraha tumhare tete ॥

All the tasks of the world, regardless of the level of difficulty, are accomplished easily by Your grace.

राम दुआरे तुम रखवारे ।  
rāma duāre tuma rakhavāre ।  
होत न आज्ञा विनु पैसारे ॥  
hota na ājñā binu paisāre ॥

You guard the entry to Ramji's palace where none can enter without Your permission.

सब सुख लहै तुम्हारी सरना ।  
*saba sukha lahai tumhārī saranā ।*  
तुम रच्छक काहू को डरना ॥  
*tuma racchaka kāhū ko ḍara nā ॥*

All joys are to be found in Your refuge and with You as the protector there is no cause for fear.

आपन तेज सम्हारो आपै ।  
*āpana teja samhāro āpai ।*  
तीनों लोक हाँक ते काँपै ॥  
*tīnoṃ loka hāṅka teṃ kāṅpai ॥*

You alone are capable of controlling the blazing splendor of Your powers. The three worlds tremble with fear when they hear Your thunderous roar.

भूत पिसाच निकट नहीं आवै ।  
*bhūta pisāca nikaṭa nahim āvai ।*  
महावीर जब नाम सुनावै ॥  
*mahāvīra jāba nāma sunāvai ॥*

Ghosts and demons do not dare to come near when they hear the name of Mahavira being chanted.

नासै रोग हरै सब पीरा ।  
*nāsai roga harai saba pīrā ।*  
जपत निरंतर हनुमत बीरा ॥  
*japata nirantara hanumata bīrā ॥*

All ailments are destroyed and all pain and suffering are removed by constant repetition and remembrance of Your bravery.

संकट ते हनुमान छुड़ावै ।  
*saṅkaṭa teṃ hanumāna chuṛāvai ।*  
मन क्रम बचन ध्यान जो लावै ॥  
*mana krama bacana dhyāna jo lāvai ॥*

You remove all the difficulties of those who meditate on You in thought, deed and speech with sincerity and faith.

सब पर राम तपस्वी राजा ।  
*saba para rāma tapasvī rājā ।*  
तिन के काज सकल तुम साजा ॥  
*tina ke kāja sakala tuma sājā ॥*

You were successful in carrying out the missions of Lord Rama, the supreme ascetic, who is the ruler of all.

और मनोरथ जो कोई लावै ।  
*aura manoratha jo koī lāvai ।*  
सोई अमित जीवन फल पावै ॥  
*soī amita jivana phala pāvai ॥*

You grant the desires of all seekers by giving them the fruit of immortal life.

चारों जुग परताप तुम्हारा ।  
*cāroṃ juga paratāpa tumhārā ।*  
है परसिद्ध जगत उजियारा ॥  
*hai parasiddha jagata ujyārā ॥*

Your glory is renowned in the four yugas<sup>2</sup> and its glowing radiance shines forth all over the world.

साधु संत के तुम रखवारे ।  
*sādhu santa ke tuma rakhavāre ।*  
असुर निकंदन राम दुलारे ॥  
*asura nikandana rāma dulāre ॥*

You are the protector of all who are righteous, the destroyer of those who are evil and very dear to Lord Rama.

<sup>2</sup> satya, tretā, dvāpar and kali

अष्ट सिद्धि नौ निधि के दाता ।  
aṣṭa siddhi nau nidhi ke dātā ।  
अस बर दीन जानकी माता ॥  
asa bara dīna jānakī mātā ॥

Mother Sita has granted You the boon of having the power to grant eight kinds of *suddhis*<sup>3</sup> and nine forms of wealth<sup>4</sup> to seekers.

राम रसायन तुम्हरे पासा ।  
rāma rasāyana tumhare pāsā ।  
सदा रहो रघुपति के दासा ॥ ३२  
sadā raho raghupati ke dāsā ॥

You possess the elixir of devotion to Lord Rama, and You remain His ever-devoted servant.

तुम्हरे भजन राम को पावै ।  
tumhare bhajana rāma ko pāvai ।  
जनम जनम के दुख बिसरावै ॥  
janama janama ke dukha bisarāvai ॥

Singing Your praises, aspirants attain Lord Rama and forget the misery of countless previous births.

अंत काल रघुबर पुर जाई ।  
anta kāla raghubara pura jāi ।  
जहाँ जन्म हरिभक्त कहाई ॥  
jahāñ janma haribhakta kahāi ॥

At the time of death such a person will go to the abode of Lord Rama where he will take birth as a devotee of the Lord.

और देवता चित्त न धरई ।  
aura devatā citta na dharai ।  
हनुमत सेई सर्व सुख करई ॥  
hanumata sei sarba sukha karai ॥

One who worships Hanumanji with single-pointed devotion enjoys all bliss.

संकट कटै मिटै सब पीरा ॥  
saṅkaṭa kaṭai miṭai saba pīrā ॥  
जो सुमिरै हनुमत बलबीरा ॥  
jo sumirai hanumata balabīrā ॥

All difficulties and sufferings are destroyed for the devotee who lives in the constant remembrance of the valiant Lord Hanuman.

जै जै जै हनुमान गोसाई ।  
jai jai jai hanumāna gosāiñ ।  
कृपा करहु गुरु देव की नाई ॥  
kṛpā karahu guru deva kī nāiñ ॥

Glory, glory, all glory to Lord Hanuman who is the master of His organs of perception and action. Please shower me with Your grace just like my own *guru*.

जो सत बार पाठ कर कोई ।  
jo sata bāra pāṭha kara koi ।  
छूटहि बंदि महा सुख हो ॥  
chūṭahi bandi mahā sukha ho ॥

He who recites this *Hanuman Chalisa* a hundred times is released from the bondage of birth and death and enjoys the absolute bliss of immortality.

<sup>3</sup> *animā, mahimā, garimā, laghimā, prapitih, prakāmyam, ishitvam, vashitvam*

<sup>4</sup> *mahāpadma, padma, shankha, makara, kacchapa, mukunda, kunda, nīla, kharva*

जो यह पढ़ै हनुमान चलीसा ।

*jo yaha paṛhai hanumāna calīsā ।*

होय सिद्धि साखी गौरीसा ॥

*hoya siddhi sākhī gaurīsā ॥*

Lord Siva Himself bears witness that one who recites this *Hanuman Chalisa* regularly will be successful in accomplishing his goal of attaining perfection.

तुलसीदास सदा हरि चेरा ।

*tulasīdāsa sadā hari cerā ।*

कीजै नाथ हृदय मँह डेरा ॥

*kījai nātha hṛdaya mañha ḍerā ॥*

Tulasīdasji says that he is ever in the service of the Lord and requests Him to come and reside in his heart.

दोहा

*dohā*

पवनतनय संकट हरन मंगल मूरति रूप ।

*pavanatanaya saṅkaṭa harana maṅgala  
mūratī rūpa ।*

राम लखन सीता सहित हृदय बसहु सुर भूप ॥

*rāma lakhana sītā sahita hṛdaya basahu sura  
bhūpa ॥*

O Lord Hanuman, You are destroyer of all miseries and the very embodiment of all auspiciousness. O king of the gods! Please come and dwell in my heart along with Ramji, Lakshmanji and Sitaji.

॥ इति ॥

॥ *iti* ॥

